

Building the Future of Primary Care

Conference 26th September 2023

5 Minute Talks Topic: Greener Practice

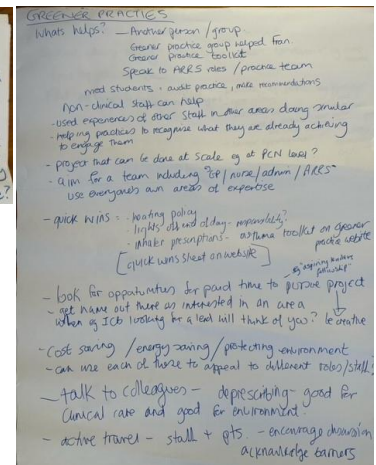
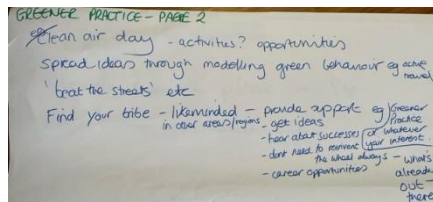
From Speaker: Dr Frances Cundhill

A mixed group attended the tabletop discussion after the 5-minute presentation.

Discussion Points:

What Helps? Advise on how to get started...

- Engage another person or group of people.
- Greener Practice Group helped Fran.
- Greener Practice Toolkit.
- Speak to ARRS roles and Practice team.
- Got Med students to audit the practice and make recommendations.
- Interested Non-clinical staff can help too.
- Used experience of other staff in other areas doing something similar.
- Helping practices to recognizing what they are already achieving to help engage them.
- Identify if there is a project that can be done at scale, across a PCN e.g.
- Aim for a mixed multidiscipline team so each member can bring own expertise and experience.



What are the 'Quick Wins'?

Creating small policies, e.g., Heating – When to go on and off, what temp it stays at. Lights – Ensure everyone knows they are responsible to turn off when not in use. Inhaler prescriptions- Asthma toolkit on greener practice website. There's also a quick wins crib sheet on the website.

Look for opportunities to pursue the project on paid time – e.g. Aspiring leaders fellowship.

Get your name out there as someone with an interest in this/an area and with the ICB are looking for a lead, they will remember you.

Think about savings – Costs, energy and the environment. Can any of these be used to appeal to different staff types? What would get them interested? When talking to clinical colleagues use description that 'good for environment is also good for clinical care' Appeal to them in this way.

Promote active travel for staff & patients- Encourage inclusion but acknowledge barriers.

Introduce a 'clean air day' – What activities could you do? What opportunities do you have to exploit for this cause? Spread the ideas through modelling greener behavior and find your tribe. Find likeminded people who are already doing things. Get ideas, hear success stories, don't reinvent the wheel, look for career opportunities in this field. Look further afield for support – out of Place are, region or county.