

The potential of PCN personalised care teams

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2022/23

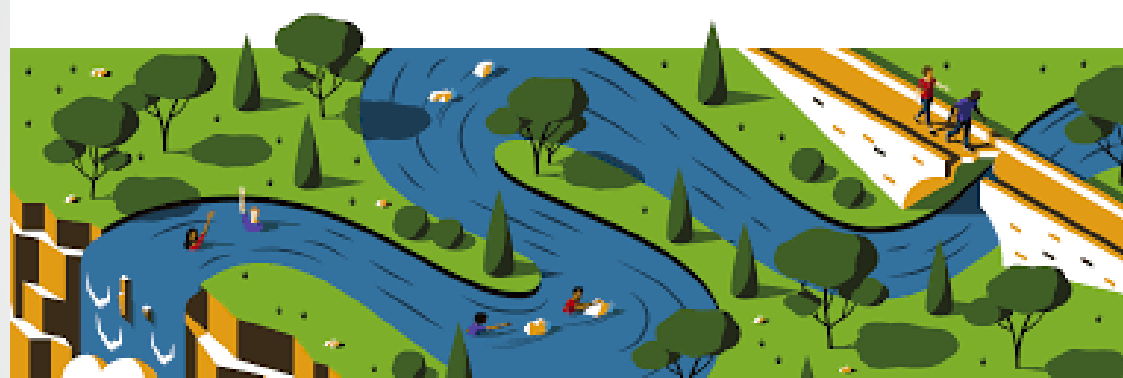


Why does Primary Care need to work in new ways?

- People are living with multiple complex health conditions
- Increase in health inequalities
- Increased demand on GPs
- Increase in lifestyle preventable conditions



Why form a personalised care team?



- Holistic assessments in people own home
- Provides support/ signposting to prevent crisis
- Unregulated roles supported by Allied Health Professionals
- MDT online meetings essential

- Personalised Care Support plans (PCSP) for 3 care homes.
- OT assessment within 7 days & any reviews.
- Review of all those diagnosed & waiting diagnosis of dementia.
- Uptake of cancer screening
- Uptake of Learning disability reviews



Stacey Harwood, Lisa Gibson, Helen Blomfield & Lisa Gordon

CC. F/T

CC. F/T

OT. 3 days

CC. 4 days

Health Inequalities

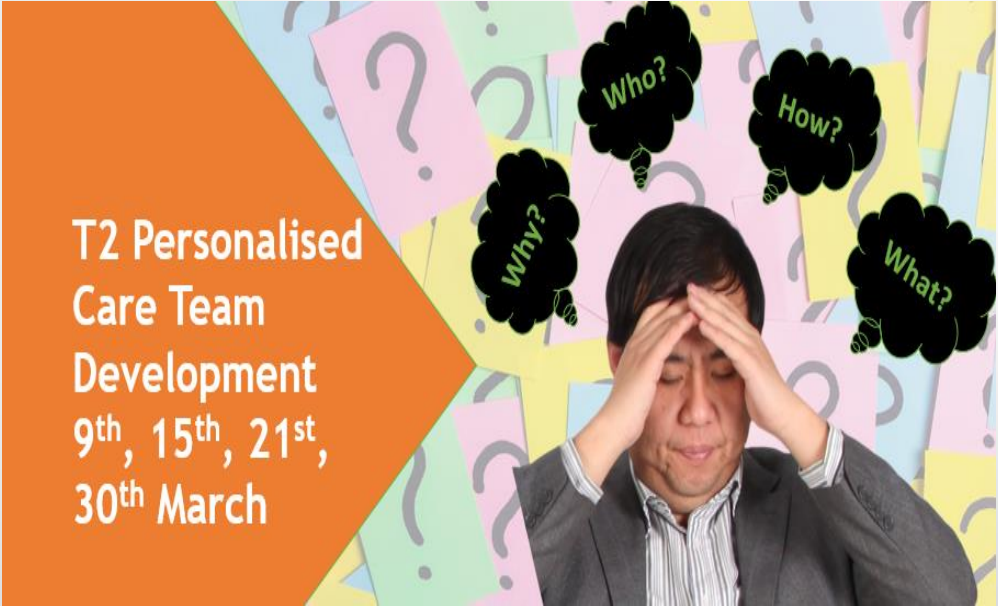
Preventative approach

Bio-Psychosocial approach

Dementia reviews

PCSP in Care Homes

Personalised Care



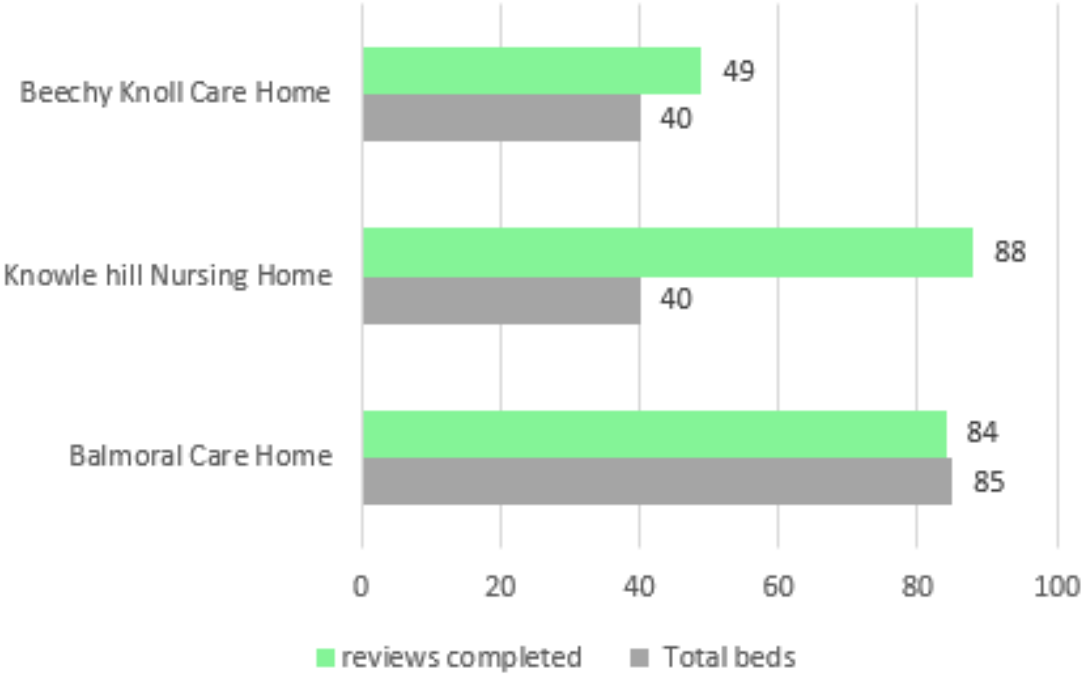
Population Data – what does it tell us about people we work with

The Kings Fund 'Population Health Model'

Cancer screening

Community assets

Care Home Personalised Care Support Plans



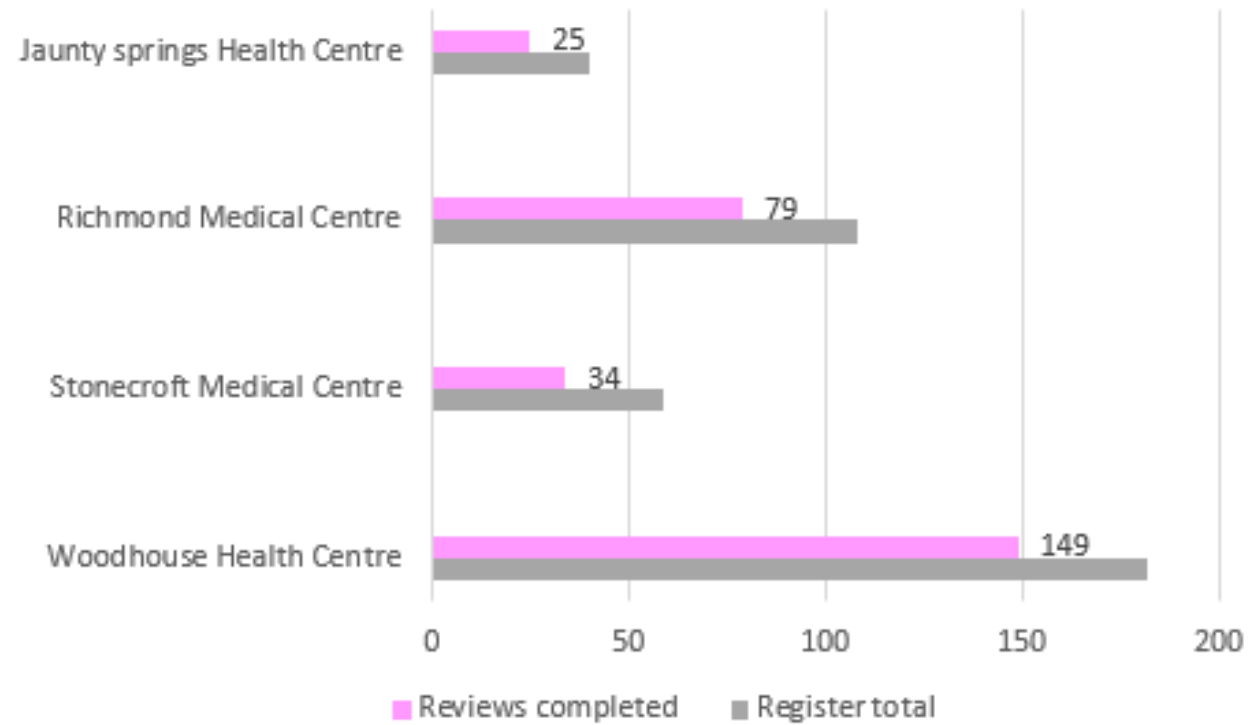
Enhanced Health in Care Home Framework

Gap Analysis	Achieving	Not fully achieving but plans in place	Not achieving				
				Baseline	Status Oct 22	Status Oct 23	Status Feb 24
1. Every care home aligned to GP practice with a named Clinical Lead				See Appendix 1			
2. A weekly 'home round' or 'Check in' for medical reviews				GPs & Paramedic			
3. Weekly 'home round' / medical reviews completed on Ardens template				GPs recording on Ardens			
4. MDT OT, Care Co-ordinators meetings completed on Ardens template				Helen, Lisa, Stacey, and Lisa.			
5. Specialist geriatrician and mental health advise as part of MDT reviews				Geriatrician may be future option			
6. Person centred support plan (PCSP) of need within 7 days of registration with GP				Live tracking by CC Excludes S2A and Respite beds			
7. Every Care Home resident has an annual review of their PCSP and subsequent reviews at requested of Care Home or GP.				Balmoral, Knowle Hill and Beechy Knoll.			
8. New Care home residents need a 'Structured Medication Review (SMR)				GPs currently complete SMRs when felt required.			
9. Personalised Care Team trained to complete the following Ardens templates based on a comprehensive geriatric assessment				Care Home Status PCSP (Code Y281e A) Care Home initial assessment, Care Home visit review, Care Home MDT review . See SOP full details			
10. Named GP Lead completes Ardens PCSP – Occupational Therapist							
11. Baseline vitals completed on admission Ardens				GP/ Paramedic decision			

Enhanced Health in Care Home Framework cont....

12. Care Home Team aware of allocated named Nursing Team	Invited to attend MDT anytime			
13. Developing community assets to support resilience and independence	Care Home Well-being Project-volunteer / T level students Student Occupational Therapists 8-week leadership placement Oct - Dec			
14. Falls prevention and rehabilitation	PCSP reviews about falls, bespoke advice. Student OTs Project work			
15. Workforce development	1: 1 supervision/ support from Helen monthly & when required. Programme of online and face to face training to date. Projects to develop team.			
16. Data, IT technology	T2 website developed to support Care Homes, residents, and NOK www.timetothinkaboutme.org Monthly data report. Monitor Ardens dashboard Copy of PCSP provided to resident and Care home via password protection (lack NHS.net accounts)			
17. Risk assessment for Care Home Team	See SOP for full risk assessment			
18. Effective end of life care – Care Home role in <u>ReSpect</u> . End of life equipment requested by Occupational Therapist	<u>ReSpect</u> forms to be completed by all GPs			
19. Acute and remote interventions	GP and Paramedic decision			
20. Complete Ardens 'Dementia' review	All team to link to PCSP, coding correctly. Started May 23			


Dementia Reviews



Strengths of the team's work

Time to think about my memory

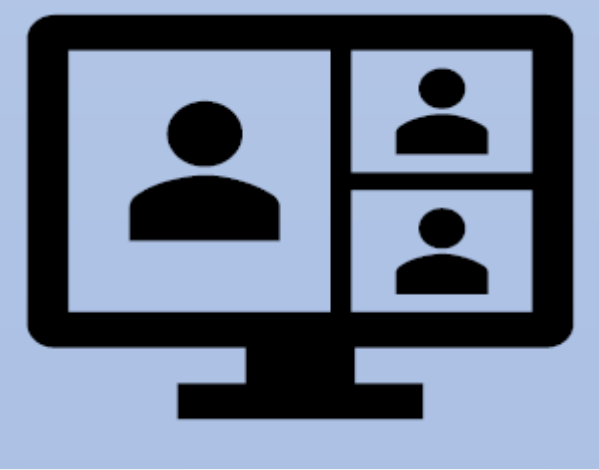
"No one can take your memories from you - Each day is a new beginning, make good memories every day" Catherine Pulsifer




WOULD YOU LIKE TO KNOW MORE ABOUT...

THE BRAIN	MEMORY TECHNIQUES
<input type="checkbox"/>	<input type="checkbox"/>
COPIING STRATEGIES	ASSISTIVE TECHNOLOGY
<input type="checkbox"/>	<input type="checkbox"/>
KEEPING MENTALLY ACTIVE	
<input type="checkbox"/>	
SUPPORT FOR CARERS	HELP WITH MY HOME
<input type="checkbox"/>	<input type="checkbox"/>
SOCIAL ACTIVITIES	
<input type="checkbox"/>	

For more ideas visit www.timetothinkaboutme.org

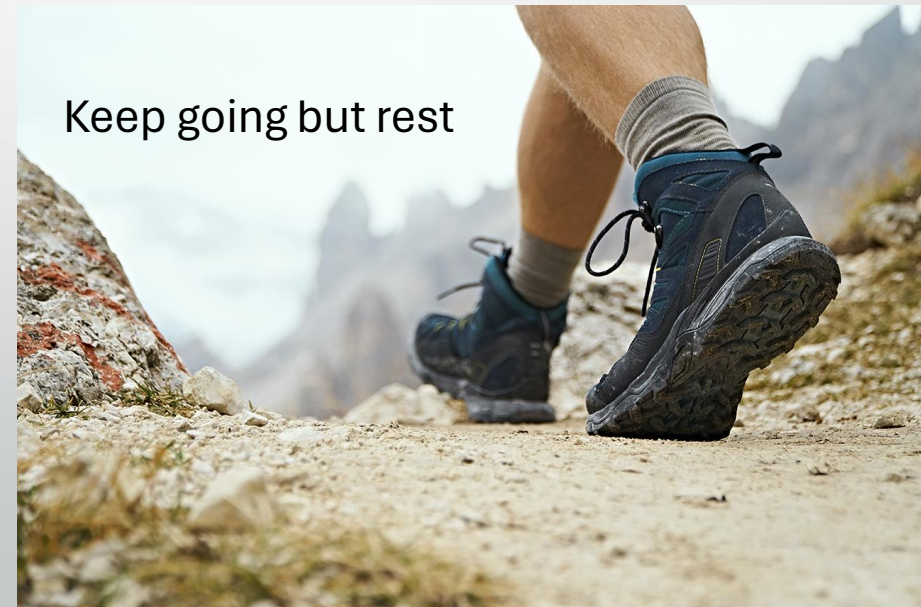


 @Townshipstwopen

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 @Townships2pcn

Top Tips.....



Feedback to the team.....

The service myself & my mum have received has been invaluable. After struggling for so long trying to sort out extra care, social groups & advice from other agencies and not fully achieving what mum needed, you have pulled it all together & made it happen. I can't thank her enough for the support & kindness she showed us & the difference it had made to our lives.

Thankyou so much for emailing all this info to me, we really appreciate it. And Thankyou for your visit yesterday...alot of your information and advice was really useful. It's good to know there is help and support there.

Thanks again

Thank you so much for all your help, X is delighted she feels we have made some progress in helping to sort her health issues out.
Thanks again.
Adult social care.

I just wanted to pass on our thanks for your help with Mrs X , the reception team have asked me to pass on a big thank you for your help and support and also Dr X wants to pass on his thanks too you have been a massive support to the surgery , reception team and GP's making everything a lot easier you have done all the leg work and it has helped so much.
Big Thank you

Thankyou for the information: Re activities and places to go. I will definitely be getting X involved with some of these. Also a Big Thankyou for your Care and Support on Monday.