### ONLINE Core Workshops and resources: April 2024- June 2024

**Free of charge to all registered pharmacy professionals, including pharmacy technicians and trainee pharmacists.**

**The Mental Capacity Act and covert administration of medicines online workshop** Join an **expert speaker** to develop your knowledge and skills to help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines at a given point in time. Events facilitated by NE Yorkshire and Humber team,7-9.15pm:

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| 19th June | Chris Bonell and Matt Auckland | <https://www.cppe.ac.uk/store/checkout.asp?e=59403> |

**Supporting people living with frailty online workshop** will help pharmacy professionals working in any setting recognise how frailty can have an impact on a person's health outcomes, identify early interventions to delay deterioration, use appropriate tools to assess a person’s medicines and frailty, as well as starting conversations with a person or their carers about frailty and how they can be supported to achieve their goals. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

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| 5th June 2024 | Oliver Fillingham and Matt Auckland | <https://www.cppe.ac.uk/store/checkout.asp?e=59362> |

**Supporting people living with dementia**

Recognise the signs and symptoms of cognitive dysfunction and develop your ability to manage and optimise care for people living with dementia.

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| 1st May 2024 | Victoria Walker and Karen Stone | <https://www.cppe.ac.uk/store/checkout.asp?e=59431> |
| 12th June 2024 | Katie Denby and Amy Lake | <https://www.cppe.ac.uk/store/checkout?e=59473> |

**Atrial Fibrillation online workshop**

This learning programme will help you to identify people with AF and raise awareness about the condition. Using a shared decision-making approach and applying NICE clinical guidelines the programme will enable you to optimise medication and support people living with AF to make lifestyle changes to reduce modifiable risk factors and prevent further complications associated with the condition.

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| 16th May 2024 | Karen Stone and Kristeen Turner | <https://www.cppe.ac.uk/store/checkout.asp?e=59454> |
| 25th June 2024 | Jenny Graham and Kristeen Turner | <https://www.cppe.ac.uk/store/checkout.asp?e=59366> |

**Hypertension online workshop** will help you to apply NICE clinical guidance in practice to support the initiation and optimisation of therapy for people with hypertension. It will also explore how you can apply the principles of Shared Decision Making to encourage and support people to monitor and manage their hypertension. Events facilitated by NE Yorkshire and Humber team, 7-9pm:

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| 13th May 2024 | Amy lake and Chris Bonsell | https://www.cppe.ac.uk/store/checkout.asp?e=59455 |
| 23rd May 2024 | Paul Jenks and Maria Derrig | <https://www.cppe.ac.uk/store/checkout.asp?e=59423> |
| 26th June | Paul Jenks and Annie Sellers | https://www.cppe.ac.uk/store/checkout.asp?e=59424 |

### NEW e-learning and E-courses

* **E-Course:** [**Extending the scope of prescribing practice : CPPE**](https://www.cppe.ac.uk/programmes/l/moch_pcp-ec-01)
* **E-Course:** [Preparing to train as an independent prescriber : CPPE](https://www.cppe.ac.uk/career/preparingtotrainip) helps pharmacy professionals from all sectors to develop the skills and confidence to prepare for independent prescriber training
* The [*Osteoporosis: a focus on prevention*](https://www.cppe.ac.uk/programmes/l/osteo-e-02)e-learning programme launched on 13 March. This learning programme encourages pharmacy professionals to consider their role in identifying people with risk factors for osteoporosis and providing person-centred care to help people reduce their risk of osteoporosis.
* [Genomics in pharmacy: an introduction to person-centred consultations](https://www.cppe.ac.uk/programmes/l/genomics-e-04) Genomics is a form of personalised medicine that is transforming healthcare. This programme aims to support you to develop the knowledge, skills and confidence to have person-centred consultations with people about genomics in everyday pharmacy practice. You will explore factors to consider, words and phrases you can use to respond appropriately to questions, and where you can signpost people to for further information and local services.
* [Introduction to appropriate polypharmacy](https://www.cppe.ac.uk/programmes/l/polypharm-e-01) Appropriate polypharmacy recognises that people might require multiple medicines to manage their conditions and ensure a better quality of life. In problematic polypharmacy, medicines are prescribed that are not – or no longer – appropriate. Tackling problematic polypharmacy is everyone’s responsibility, and pharmacy professionals have an important role to play in identifying and reducing problematic polypharmacy.

### Leadership and career development

* **NEW Chief pharmaceutical officers pharmacy leaders development program, more details** [**CPhO's pharmacy leaders development programme : CPPE**](https://www.cppe.ac.uk/skills/pharmacy-leaders)
* **Leading for change** 6 month free online workshop and tutor supported programme –applications for Autumn cohorts will go live in July 2024, full details: [Leading for change : CPPE](https://www.cppe.ac.uk/skills/leading)