



Online Training Programme Outline

Understanding How Dementia Affects a Person and How we Can Help

Time	Topic
9.00	Welcome and introductions #findingthelightindementia
9.30	Learning objectives and welcome from Andy
9.35	How our brains work & what happens when a person has dementia
9.45	What is dementia
10.15	Diagnosis
10.30	Keith Davey living with Frontotemporal dementia
11.15	Coffee break
11.30	How dementia affects a person?
12.00	Ten top tips animation
12.10	How we can help a person living with dementia
12.45	Teresa "Dory" Davies living with Alzheimer's Disease
13.00	Lunch
13.30	My Favourite Things film
14.30	How to modify the surroundings presentation
14.45	Break
15.00	How dementia affects moods, emotions and responses animation and Jim at Teatime
15.15	What to Say and Do when a person is distressed
15.35	3 Things Learnt and Pledge
15.45	I Am Still Me!