



PPIE GROUP - DEEP END RESEARCH ALLIANCE  
FAIRSTEPS PPIE Perspective - Aaishah Aslam

# MY BACKGROUND

ADULT COMMUNITY  
EDUCATION

TEACHING ESOL- SHEFFIELD  
CITY COUNCIL

2021-DERA PPIE MEMBER

2023-CHRLW-COMMUNITY HEALTH  
RESEARCH LINK WORKER

2024-PROJECT MANAGER:  
DEEP END LEEDS-UNIVERSITY  
OF LEEDS

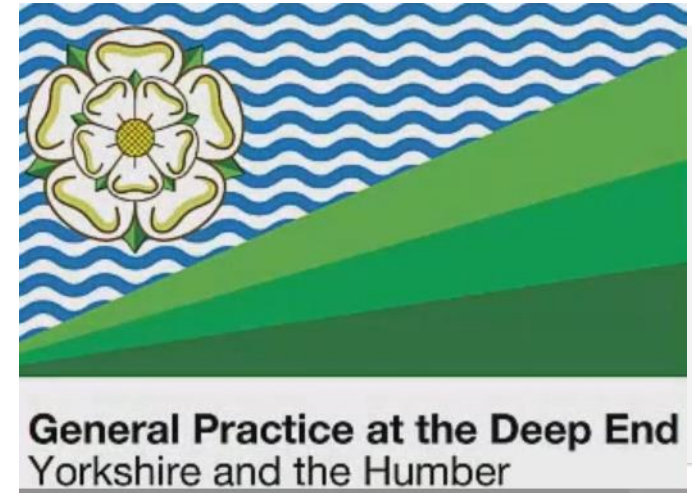




# A PPIE PERSPECTIVE:

## FAIRSTEPS- Framework Addressing Inequities in pRimary care using STakEholder Perspectives

- How was it to be involved in the FAIRSTEPS project?
- How did the interventions help the community to enhance health and wellbeing?
- How did the process of patient involvement strengthen the FAIRSTEPS project and research in health more widely?



# HOW IT WAS TO BE INVOLVED IN THE FAIRSTEPS PROJECT?

## FAIRSTEPS:

- a collaborative PPI approach over 18 months
- and had a noble aim - *to ensure that:*

*Everyone gets equally good care, no matter what their background.*

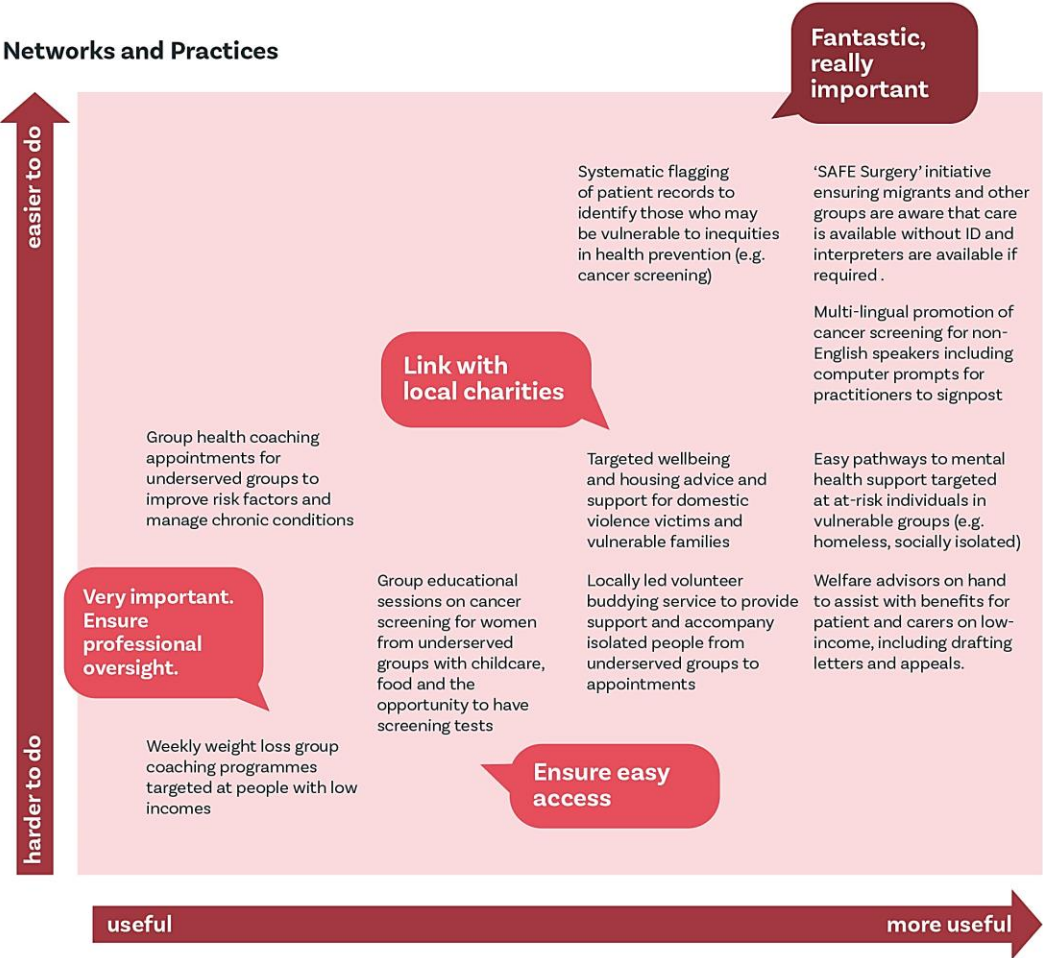
## What we did:

- We looked carefully at the wording of the vignettes for the Delphi study, almost 50 interventions or services, and we made suggestions that helped interpret the responses.
- All the researchers were so welcoming, polite and so humble.

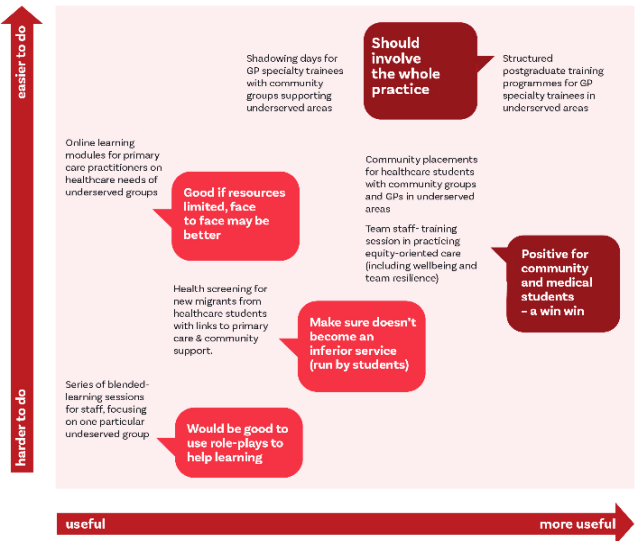


# HOW THE INTERVENTIONS COULD HELP THE COMMUNITY TO ENHANCE HEALTH AND WELLBEING?

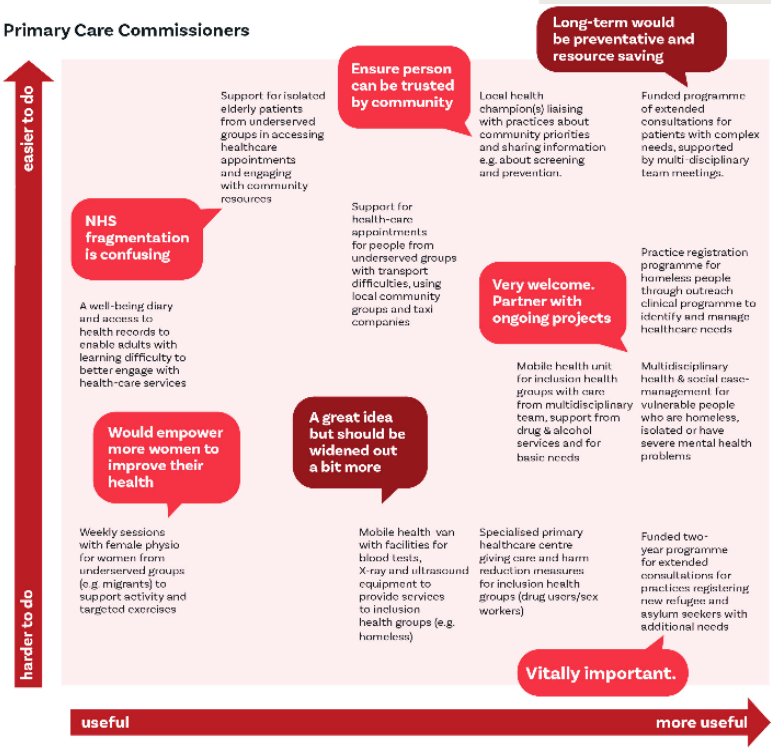
## Networks and Practices



## Education and Training Providers



## Primary Care Commissioners





# How the process of patient involvement strengthens the FAIRSTEPS project?



PPIE changes lives:  
Community  
Health Researcher



Develop  
Partnerships with  
community groups



Build Trust

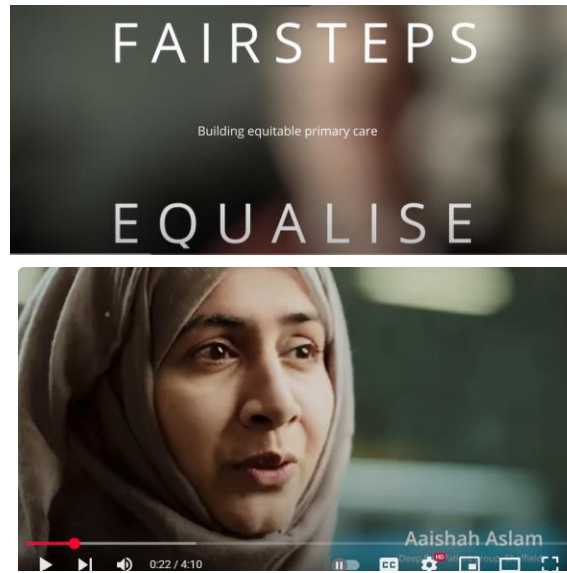


Be Relatable

**PPIE Brings a unique perspective - FAIRSTEPS exemplifies community led research**

# FAIRSTEPS DISSEMINATION

**FAIRSTEPS Film:**  
May 2023



Building Equitable Primary  
Care: FAIRSTEPS and  
EQUALISE research studies

**Delivering Equitable Primary  
Care Conference – London 2023**  
– to launch findings of FAIRSTEPS



**HEFT (Health Equity Focused  
Training) Conference 2024** - co-  
presented with Prof. Ben Jackson, two  
workshops at the National HEFT event for  
GPs, in training.



THANK  
YOU

..for inviting me to  
share my PPIE  
experience.

