

FAIRSTEPS PPIE Perspective - Aaishah Aslam

MY BACKGROUND

ADULT COMMUNITY
EDUCATION
TEACHING ESOL- SHEFFIELD
CITY COUNCIL

2021-DERA PPIE MEMBER
2023-CHRLW-COMMUNITY HEALTH
RESEARCH LINK WORKER
2024-PROJECT MANAGER:
DEEP END LEEDS-UNIVERSITY
OF LEEDS



A PPIE PERSPECTIVE:

FAIRSTEPS- Framework Addressing Inequities in pRimary care using STakEholder PerspectiveS

- How was it to be involved in the FAIRSTEPS project?
- How did the interventions help the community to enhance health and wellbeing?
- How did the process of patient involvement strengthen the FAIRSTEPS project and research in health more widely?



General Practice at the Deep End Yorkshire and the Humber



HOW IT WAS TO BE INVOLVED IN THE

FAIRSTEPS PROJECT?

FAIRSTEPS:

- a collaborative PPI approach over 18 months
- and had a noble aim to ensure that:

Everyone gets equally good care, no matter

what their background.

What we did:

 We looked carefully at the wording of the vignettes for the Delphi study, almost 50 interventions or services, and we made suggestions that helped interpret the responses.

· All the researchers were so welcoming, polite and so humble.



HOW THE INTERVENTIONS COULD HELP THE COMMUNITY TO ENHANCE HEALTH AND

Fantastic. **Networks and Practices** really important Systematic flagging 'SAFE Surgery' initiative of patient records to ensuring migrants and other identify those who may groups are aware that care be vulnerable to inequities is available without ID and interpreters are available if in health prevention (e.g. cancer screening) required. Multi-lingual promotion of cancer screening for non-English speakers including Link with computer prompts for local charities practitioners to signpost Group health coaching appointments for Targeted wellbeing Easy pathways to mental underserved groups to and housing advice and health support targeted improve risk factors and support for domestic at at-risk individuals in manage chronic conditions violence victims and vulnerable groups (e.g. vulnerable families homeless, socially isolated) Group educational Locally led volunteer Welfare advisors on hand Very important.

sessions on cancer

from underserved

food and the

screening tests

screening for women

groups with childcare,

opportunity to have

WELLBEING?

Ensure

professional

Weekly weight loss group

targeted at people with low

coaching programmes

incomes

oversight.

Education and Training Providers Shadowing days for postgraduate training GP specialty trainees with community programmes for GF groups supporting specialty trainees in care practitioners o for healthcare students healthcare needs of with community groups Good if resour and GPs in underserved to face may be Team staff-training equity-priented care Positive for (including wellbeing and and medica Health screening for students new migrants from healthcare students with links to primary care & community run by students) Series of blender learning sessions for staff, focusing on one particular

Primary Care Commissioners be preventative and resource saving Ensure persor can be trusted Support for isolated Local health Funded programme elderly patients champion(s) liaising of extended from underserved with practices about consultations for groups in accessing community priorities patients with complex healthcare appointments e.g. about screening by multi-disciplinary and engaging Support for appointments fragmentation for people from is confusing Practice registration underserved groups programme for homeless people with transport difficulties, using Very welcome through outreach local community A well-being diary clinical programme to identify and manage groups and taxi ongoing projects and access to companies health records to learning difficulty to Mobile bealth unit Multidisciplinary better engage with health-care services for inclusion health health & social case groups with care from multidisciplinary vulnerable people A great idea team, support from who are homeless Would empowe isolated or have but should be severe mental health services and for more women to widened out basic needs problems improve their a bit more Weekly sessions Specialised primary Funded two with female physic with facilities for healthcare centre year programme for women from blood tests giving care and harm for extended underserved groups X-ray and ultraso consultations for for inclusion health equipment to practices registering support activity and provide services groups (drug users/sex new refugee and targeted exercises to inclusion asylum seekers with health groups (e.g. Vitally important. useful more useful

useful more useful

buddying service to provide to assist with benefits for

patient and carers on low-

income, including drafting

letters and appeals.

support and accompany

isolated people from

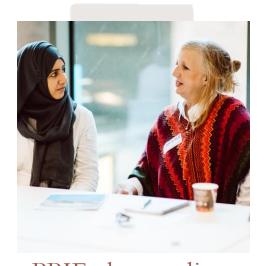
appointments

Ensure easy

access

underserved groups to

How the process of patient involvement strengthens the FAIRSTEPS project?



PPIE changes lives:
Community
Health Researcher



Develop
Partnerships with
community groups



Build Trust



Be Relatable

PPIE Brings a unique perspective - FAIRSTEPS exemplifies community led research

FAIRSTEPS DISSEMINATION

FAIRSTEPS Film:

May 2023





Building Equitable Primary
Care: FAIRSTEPS and
EQUALISE research studies

Delivering Equitable Primary Care Conference - London 2023 - to launch findings of FAIRSTEPS





HEFT (Health Equity Focused Training) Conference 2024 - copresented with Prof. Ben Jackson, two workshops at the National HEFT event for GPs, in training.





THANK YOU

..for inviting me to share my PPIE experience.

